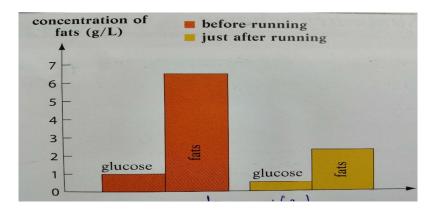
Name: Grade 7 (A , B) Biology worksheet



The document below shows the reserves of fats and glucose in the muscle before running and after running. (page:89)



1)Represent, in the same table, the concentrations of glucose and fats before running and just after running.

	Concentration of fats (g/L)	Concentration of glucose (g/L)
Before running		
Just after running		

- **2)**Compare the concentrations of fats before running to that just after running.
- **3)**Compare the concentrations of glucose before running to that just after running.
- 4) What does the muscle consume during running?
- 5) Name the energy needed during running? Justify your answer